

# Alice Cross Community Centre

Active Learning Inclusive Community Enterprise

Exciting News-

## Charity Lottery

We are now taking part in a Charity lottery, tickets are only £1 per week and you have the chance of winning £25,000 each week. Every ticket sold using this link raises money for the Alice Cross and other local community groups in Teignbridge.

<https://www.theweatherlottery.com/charitiesHomepage.php?client=ALICE>

## Co-op Community Fund

We are very excited to be one of the Co-op's chosen Charities this Year from 21 October 2020– Oct 2021!

So if you have a Members card please select us as your chosen Charity, it would be a massive help for us!

<https://membership.coop.co.uk/causes/44157>



## Important Information

As we are facing another lockdown, the Alice Cross Centre is here for you and all the local Community who may need us!

We are reinstating our Covid helpline that we used during the first lockdown.

If you or anyone you know is unable to get out to shop, pick up prescriptions, access a hot meal or have regular chats with someone. We can help give us a call on

**DATE for the DIARY!! -AMENDED**

**Alice Cross AGM -24th November 6.30pm Via Zoom-**

**Please contact the office for the link and more information**



I - 3 Bitton Park Rd. Teignmouth Devon TQ14 9BT  
Telephone: 01626 778039 email: [info@thealicecross.co.uk](mailto:info@thealicecross.co.uk)  
[www.thealicecross.co.uk](http://www.thealicecross.co.uk) [www.facebook.com/alicecrosscentre](http://www.facebook.com/alicecrosscentre)

## November 2020– Restricted Time table due to lockdown

Activity/ Day	Time/ Place	Comments
<b>MONDAY</b>		
<b>TUESDAY</b>		
Meals available to be delivered to the home	12pm—advance booking essential	See menu and details overleaf
<b>WEDNESDAY</b>		
Chiropody with Jane 18th Nov and 2nd December	By Appointment only Alternate weeks	Call 01626 778039
<b>THURSDAY</b>		
Memory Café	10– 12pm in the Hall	Booking needed
Meals available to be delivered to the home	12pm—advance booking essential	See menu and details overleaf
Teignaid-Homeless Support	12.30-2.30pm Room 2	
<b>FRIDAY/SAT/ SUNDAY</b>		
Meals Delivered to the home	Alternative Fridays and monthly Sunday.	See Menu overleaf.

01626 626 626



## Coronavirus AID

We are offering aid for anyone who is self-isolating and has no family or friends nearby to help them.

It is important that you heed advice and stay indoors, but you can be reassured that the community is coming together to offer support.

If you live in Teignmouth call the **Alice Cross Community Helpline** on **01626 626 626** and choose from the four options overleaf.

For medical emergencies contact the NHS on 111

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Meal delivery to the home – only available on Tuesday, Thursdays and every other Friday/ Sundays.  
Please call us for more information, we hope to invite more people to eat here very soon.

	w/c 2 <sup>nd</sup> November	w/c 9 <sup>th</sup> November	w/c 16 <sup>th</sup> November	w/c 23 <sup>rd</sup> November	W/c 30 <sup>th</sup> November
<b>MONDAY</b>					
<b>TUESDAY</b>	Cheese pasta Bake with Chicken and Bacon	Roast Chicken and all the trimmings	Toad in the hole with mash and Veg	Chicken with Bacon, mushroom new potato and Veg	Cottage pie and Fresh Veg
<b>WEDNESDAY</b>					
<b>THURSDAY</b>	Beef Stew and Dumplings and Veg	Gammon, Leek, Mushroom pie and Roast Potatoes and Veg	Beef Goulash and Veg	Beef Stroganoff Rice and Chips	Sausage, Mash and Veg
<b>FRIDAY</b>	Fish and Chip with Peas		Fish and Chips with Peas		Fish and Chips with Peas
<b>SUNDAY</b>				Sunday Lunch – Roast Beef and all the trimmings	

\*PLEASE NOTE - Menu Choices are subject to change, please Call us to be added to the delivery list and/or book a meal. Suggested Donation for 2 course lunch £5.

## Do you shop online?

Did you know you can raise valuable donations for us when you shop online and they wont cost you a penny?

[www.Easyfundraising.org.uk](http://www.Easyfundraising.org.uk)



Register, Select The Alice Cross Centre as your Chosen Charity.

[www.smile.amazon.co.uk](http://www.smile.amazon.co.uk)

Log in as normal and select Age Concern Teignmouth and Shaldon

amazon



Give as you live  
<https://www.giveasyoulive.com>  
sign up and Select Age Concern Teignmouth and Shaldon



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Telephone: 01626 778039  
[www.thealicecross.co.uk](http://www.thealicecross.co.uk)

**Also AT THE ALICE**  
Gary Glanvill – 07966 381802 - Massage therapy from relaxing to deep tissue  
Vanda Halina Therapies – 01626 772694 – Swedish Aromatherapy & Sports Massage, Reiki Healing.

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**JANE THOMAS - CHIROPODIST**  
Alternate Wed morning by appointment  
**01626 778039**

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**WELLNESS IN MIND**  
Teign Counselling  
Steven Smyth-Bonfield  
BA Hons. MBACP.  
Adv. Dip Integrative Counsellor.  
call **07576 603669**

[stevengbonfield@gmail.com](mailto:stevengbonfield@gmail.com)

We are a licensed premises with bar facilities.

**PERFECT FOR FUNCTIONS**  
HIRE of HALL £15.00 per hr. **01626 778039**  
Reduced rate for block/regular bookings

[email: info@thealicecross.co.uk](mailto:info@thealicecross.co.uk)  
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