

Looking to the future



# Looking to the future

The idea of forward planning for our death is far from our minds when we are healthy and leading full lives. Most of us don't think about death until there is a threat, either to ourselves or to those we love.

Nobody knows when they will die but it will happen either expectedly or suddenly. So often people die without giving any guidance as to their wishes, so that those left behind are left wondering what the deceased would have liked.

Making a will is an important step forward. It gives mourners an opportunity to carry out your wishes at a time when they are grieving, when making decisions can be difficult.

A solicitor can guide you in writing a will, or you may prefer to buy a plan and do it yourself.

You may want to suggest a funeral director to take your funeral. Do you want a religious service taken by a priest or a non-religious service led by a celebrant? What music and readings would you choose?

Would you prefer burial or cremation? If cremation, would you like your ashes released in a special place? Do you want a head stone?

You may want to leave specific items/money to different people. If there is no will, it may be difficult for family and friends, so that tensions can arise. If people die without a will, gaining probate can take many months.

You may want to know about lasting power of attorney, living wills, or pre-paid funeral plans.

At Alice Cross, we have information and details of agencies who can be of assistance.



If we can help, do give us a ring on:

**Call 01626 778039 or**

**Email [Info@thealicecross.co.uk](mailto:Info@thealicecross.co.uk)**



# Making a will

This is one of the most important things any of us can do, as it helps relatives to know how you would want your possessions and money to be distributed after you die.

It can make life easier for those you leave behind, avoiding possible tensions. Who would you like to be executors of your will? This can be a solicitor, relative or friend. A solicitor can help you make a will.

# Thinking about your funeral

Whilst it may seem morbid and depressing to think of this, again it may help those left behind to know your wishes.

Would you like a religious service led by a priest or a secular service with a celebrant (non-religious)?

Have you thought of any readings /hymns/music for the service, or who you would like to give an address?

Would you prefer Burial or Cremation?

# Some useful websites:

<https://www.independentage.org/get-advice/end-of-life>

<https://funeralplan.ageuk.org.uk/>



# Some local contacts

## CO-OP FUNERALCARE



48 Teign Street, Teignmouth TQ14 8EA

Telephone: 01626 775141

Website: [www.coop.co.uk/funeralcare/funeral-directors/teignmouth/TQ14-8EA/48-teign-street](http://www.coop.co.uk/funeralcare/funeral-directors/teignmouth/TQ14-8EA/48-teign-street)

## OLIVER J. KNAPMAN



22 Brunswick Street Teignmouth TQ14 8AF

Telephone: 01626 772080

Website: <https://www.oliverjknapmanfuneralservice.co.uk>

## J H WAY FUNERAL SERVICES

**J H Way Funeral Services**

Established in 1990

1 Pellew Arcade, Teign Street Teignmouth TQ14 8EB

Telephone: 01626 817611

Website: <https://www.jhway.co.uk/>





# Looking to the future

## Lasting Power of Attorney

It is worth contacting a solicitor to talk this through, in case you are unable to make your own decisions in the future about financial affairs and/or health and social care.

## Future Treatment and Care

You may want to tell people your wishes and preferences about your future care, such as an Advance Care Plan or Advance Decision to Refuse Treatment or 'Living Will'

## Some useful websites:

<https://www.sueryder.org/how-we-can-help/terminal-illness-information/planning-for-the-future/advance-care-plan>

<https://www.saga.co.uk/magazine/relationships/bereavement/planning-for-the-death-of-a-loved-one>

## Some local contacts:

Age UK Exeter  
The Sycamores  
Mount Pleasant Road  
Exeter EX4 7AE  
Tel: 01392 202092



# Managing Important Documents – including Digital Accounts

It is advisable to keep any documents in a safe place, telling a family member or your executor where to find them when necessary. This can include your Will, Birth Certificate, National Insurance Number, Passport, Facebook account.

## Some useful websites:

<https://www.ageuk.org.uk/information-advice/money-legal/legal-issues/making-a-will/>

<https://www.moneysavingexpert.com/family/death-plan/>

## Time to talk

We plan to hold a series of talks to discuss the subjects covered in this leaflet. If you would like more information or would like to attend, please contact us at The Alice Cross Centre.

**Call us** on 01626 778039

**or Email us** at [Info@thealicecross.co.uk](mailto:Info@thealicecross.co.uk)

**Visit our website:** [www.thealicecross.co.uk](http://www.thealicecross.co.uk)

**or Facebook:** @alicecrosscentre





**For making a Will and all future planning, you may need advice from a solicitor.**

## **Some local contacts:**

### **Tozers Solicitors**

2 –3 Orchard Gardens Teignmouth TQ14 8DR

Tel: 01626 772376

Tozer's offer a **free** will service in exchange for a donation to the Alice Cross

### **Scott Richards Solicitors**

4 Regent Street Teignmouth TQ14 8SL

Tel: 01626 772441

**Age UK** have a comprehensive booklet which you can look at online or download. It covers all the topics we have listed in this booklet.

[www.ageuk.org.uk/globalassets/age-uk/documents/information-guides/ageukig51\\_thinking\\_about\\_end\\_of\\_life\\_inf.pdf](http://www.ageuk.org.uk/globalassets/age-uk/documents/information-guides/ageukig51_thinking_about_end_of_life_inf.pdf)

Freephone: 0800 055 6112

**Independent Age** also offer a useful booklet about future planning which you can ask to be posted to you.

Freephone: 0800 319 6789

or email [advice@independentage.org](mailto:advice@independentage.org)





© The Alice Cross Centre  
1-3 Bitton park Road  
Teignmouth  
TQ14 9BT



[www.thealicecross.co.uk](http://www.thealicecross.co.uk)



@alicecrosscentre