

Please Support our work

Other Services

FUNDRAISING

The Alice Cross Centre is a charity and we rely on grants and donations to help us run all our amazing projects. You can help us by making regular or one off donations.



1 - 3 Bitton Park Road
Teignmouth
TQ14 9BT

THE ALICE CROSS CENTRE
"TEIGNMOUTH'S COMMUNITY HUB"

To donate by text: Other ways to donate:

To donate **£1***
text **DZFR01** to **70201**

To donate **£3***
text **DZFR01** to **70331**

To donate **£5***
text **DZFR01** to **70970**

To donate **£10***
text **DZFR01** to **70191**

*Text will cost your donation amount + standard network message charge

Your donation is processed and administered by the National Fundraising Scheme (Charity No: 1149800), operating as DONATE and registered with the Fundraising Regulator. Texts will be charged at your standard network rate. For Terms & Conditions, see www.easydonate.org

DONATE

<http://easydonate.org/DZFR01>

THANK YOU!

Telephone: 01626 778039

Email: info@thealicecross.co.uk

WWW.THEALICECROSS.CO.UK

[@ALICECROSSCENTRE](https://www.facebook.com/alicecrosscentre)

Contact us

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Devon TQ14 9BT

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www.facebook.com/alicecrosscentre

www.instagram.com/thealicecross

Gary Glanvill – 07966 381802 -
Massage therapy from relaxing to deep tissue.
Vanda Halina Therapies – 01626 772694 – Swedish
Aromatherapy & Sports Massage, Reiki Healing

JANE THOMAS - CHIROPODIST BSc (Hons) MCPod
HCPC registered
Alternate Wed morning by appointment 01626 778039

WELLNESS IN MIND - Teign Counselling Steven
Smyth-Bonfield BA Hons. MBACP. Adv. Dip
Integrative Counsellor. Call 07576 603669
stevengbonfield@gmail.com

Wills service from Tozers Solicitors-

Tozers will waive their fee for a simple will if a
donation is made to The Alice Cross.
-Call 01626 772376

Room Hire Available

Licensed premises with bar facilities.
HIRE of HALL £15.00 per hr. 01626 778039
Reduced rate for block/regular bookings
Kitchen and smaller rooms available.

We are here



Volunteer Opportunities

We have many opportunities available and something for all. To find out more please visit -

www.thealicecross.co.uk/volunteer-for-us
Download an application form or please

email Yvonne@thealicecross.co.uk

Please register interest with us by

calling **01626 778039**

Card Payments now accepted



The Alice Cross Centre



December Newsletter 2023

Charity Number 800996

Newsletter online at

<https://thealicecross.co.uk/activities/calendar-2/monthly-newsletter>



Christmas day lunch at the Alice
Cross Centre- Bookings now being
taken!

Visit -

<https://tinyurl.com/5fjhs8y4>
or call 01626 778039



December Activities

Monday		
Monday Music - Singalong music session	10.30- 12pm	Hall
Monday Club—Ladies Social Group £3pw	10am-12pm	Room2
Youth Choir 7-16 years teignmouthyouthchoir@gmail.com	3.45-4.30pm (Term time only)	Hall
Tuesday		
Line Dancing with Viv Wilson	10.15-11.45am	Hall
Quilters Tea Party isabel@thecherretts.co.uk	10.30- 12.30pm	Room2
Chair Yoga with Lisa 07714 644468	2.30- 3.30	Hall
Mat Yoga with Lisa	4.15- 5.15pm	Hall
Mat Yoga with Lisa	5.30- 6.30pm	Hall
Chess Club	7-9pm	Hall
Wednesday		
Zumba Gold with Peta £5	9.30-10.15am	Hall
Grief Support Group – Bereavement peer support Session 6th & 20th Dec Booking required	10.30- 12pm	Room2
Mid-week Roast dinner- eat in only. Main course £6 and optional dessert £2	12.30pm	Hall
Seated Yoga with Lisa 07714 644468	10.45- 11.45am	Hall
Table Tennis	1.30-3.30pm	Room 2
1:1 Digital support Booking needed 01626 778039	2.30-4.30pm	Hall
Thursday		
Memory Café	10am-12pm	Hall
Teignaid Housing and Benefit help	1-3pm	Room2
Community Café	1.30-4pm	Hall
World Ship society Second week monthly	7.30pm-9.30pm	Hall
Friday		
Music & Coffee morning	10-11.30pm	Hall
New Community Café	1pm- 3pm	Hall
Dramatically Different Youth Drama Club—Contact Rachel.swain@hotmail.co.uk	4.30- 9.30pm Term time only	Hall
Saturday		
Community Breakfast Café – pay what you can	9am-12pm	Hall
Sunday		
Sunday Lunch Club 10th December	12pm – 1.30pm	Hall

Monday Music Coffee Morning 10.30 - 12pm in the Hall -

Come along and meet new people, have a chat and singalong. Refreshments available.

Monday 4th December- Diantha Sings

Monday 11th December - Martin and Malcolm

Monday 18th December - The teigns

Monday 25th - we are closed

Lunch is available in the centre after the music session. Booking required

Activities in December

Monday Club- Ladies social group Monday 10- 12pm in Room 2

Social club, come along and meet new friends, enjoy some games, have a chat and enjoy a drink together.
£3 per week

Mid week Roast Dinner Every Wednesday 12.30pm

Each week there will be either roast pork, beef or chicken with a Vegan option with roast potatoes and vegetables with gravy. A dessert can be added for an extra £2.

Not running on 13th December

1:1 Digital support for handheld devices Wednesday 14.30- 16:30 Booking needed

We can help you with many devices, laptops, phones and tablets. We welcome donations to keep the service running.

Community Café Thursday from 1.30pm-4.00pm NEW Friday from 1pm-3.00pm

Open to all, food and refreshments on a pay what you can basis, in a friendly café setting.

Community Breakfast Cafe every Saturday - 9am- 12pm

Our Community Cafe is serving breakfasts on a pay what you can basis! It is open to all, no need to book. last order for full breakfast
11.30am

EVENTS - December Sunday Lunch

Sunday 10th December 12pm

Two Course Lunch followed by tea and coffee, Bar will be open selling a selection of drinks, £10 for two courses
Booking essential- Please call 01626 778039

A Christmas Carol

adapted and read by Tony Lidington

Thursday 21st December 6.30-8pm

A Festive readding of A Christmas carol by candle light. **(FREE Event)**

We are serving refreshments and festive treats at the bar. **Booking required**

01626 778039 or

<https://thealicecrosscentre.beaconforms.com/form>

/4068fa52

Events coming soon

CHRISTMAS OPENING TIMES

The Alice Cross Centre will be closing on Friday 22nd December until Tuesday 2nd January 2024. First meal delivery will be Thursday 4th January. Most groups will stop over Christmas*

Wellbeing walk

Wednesday 3rd January at 2pm

Wednesday 1st March meeting at the pier at 2pm!

Suitable for all levels of fitness.

Stitch and B*tch

Sunday 28th January 6-8pm

Social craft group, open to all. Bring your own crafts/ projects. £3 included tea/coffee



News from the Kitchen

***PLEASE NOTE - Monday , Thursday and Friday meals can be enjoyed in the Centre at 12pm.**

	4th December	11th December	18th December	25th December	1st January
MON	Chicken Casserole ----- Sticky Toffee Pudding	Beef Goulash ----- Jam Sponge	Spanish Stew ----- Chocolate sponge & chocolate custard	Christmas day Lunch at the Alice* Call to book!	
TUES					
WED	Midweek Roast of the day – Eat in only Booking required	Group bookings only – No mid-week roast	Midweek Roast of the day – Eat in only Booking required		Midweek Roast of the day – Eat in only Booking required
THURS	Chicken wrapped in Parma Ham with a garlic sauce. ----- Ginger sponge and custard	Roast Turkey and all the trimmings ----- Bread and butter pudding	Pasta Bolognaise ----- Apple Crumble		Marinated pork loin with veg ----- Rice pudding and Jam
FRIDAY	Fish and chips with Peas ----- Lemon cheesecake	Catch of the day ----- Chocolate Brownie	Fish and chips with Peas ----- Eton Mess		Fish and chips with Peas ----- Trifle
SAT	Saturday Breakfast Café 9am-12pm	Saturday Breakfast Café 9am-12pm	Saturday Breakfast Café 9am-12pm		Saturday Breakfast Café 9am-12pm
SUN		Roast Turkey and all the trimmings ----- Lemon Posset with shortbread biscuit (Eat in)			

Menu Choices are subject to change. Please call on 01626 778039 if you would like to be added to the delivery list- (subject to criteria) or to book a meal. For paying clients: Main meal is £5, dessert £2