

☀️ Teignbridge Friendship Group Groundrules ☀️

to help us all feel **safe**, **happy**, and **respected** at our Friendship Group.

Be Kind

- Treat everyone with kindness and respect.

Respect Everyone's Space

- Everyone needs their own space sometimes.
- Ask before hugging or touching.
- Keep a safe space around everyone.



If You Are Worried



- You can talk to a staff member or volunteer.
- We will listen and help.
- We will keep you safe.



If Someone Breaks the Rules

We will talk about it calmly and kindly.

You may be asked to take a break or leave the group if someone is unsafe.



❤️ **We Are All Friends Here**

We want everyone to enjoy the group.

Let's help each other to feel happy, included, and respected.